

Declaration

This must be signed by you:

I

(please print your name)

hereby declare that I am personally responsible for my physical, mental, emotional and spiritual well-being throughout the duration of the seminar.

I understand that Careforce Lifekeys, Careforce Church staff, Seminar Presenter, and seminar participants are in no way liable for my present or future well-being.

I understand that, should I act in any manner that would significantly prejudice the well-being of any seminar participant, I can be required to cease attending the seminar.

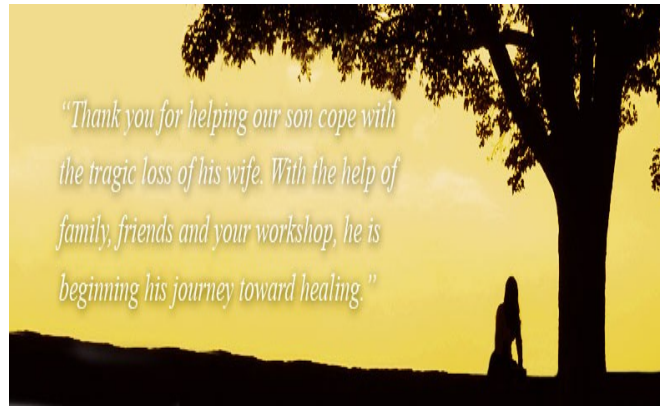
Signed.....

Date.....

Post this application to:

Careforce Lifekeys
PO Box 411
Mt Evelyn 3796

Fax: 03 9737 0781



Seminar Details

Date— *Saturday 20th June 2009*

Registration—*9:00am*

Seminar—*9:30am—4:00pm*

Venue *Careforce Church Mt Evelyn*

Cost—.....per person

**Includes— *Seminar Materials,
lunch, morning and
afternoon tea.***

Applications Close

Wednesday 17th June 2009

**Careforce
Singles Meeting Singles
Phone**

From Grief to Gratitude



Will this ever pass?

**A one day seminar examining
Grief, Loss and Recovery**

From Grief to Gratitude

Everyone at some point in their lives suffers significant loss. We can lose a loved one, suffer a breakdown in a relationship, lose a career or lose ones health, etc.

These Losses can be identity shattering, emotionally overwhelming. And leave one in despair.

How well we process our grief will determine how deep it goes and how long it will cripple and limit us.

In this seminar Bill will help us define our grief, get in touch with our feelings, enable us to process our emotions so that we grieve well and recover more quickly.

The aim of this seminar is to enable participants to navigate their grief so they can come to the point of gratitude.

Bill Van Schie

Bill has a Masters degree in Counselling and has been in pastoral ministry in local congregations for more than thirty one years. He has specialised in the area of marriage counselling and is the author of the pre-marital guidance book, *“Preparing to Leave and Cleave”*.

Bill has also developed a self-esteem program through which many have found their sense of worth, belonging and achievement as they have found a new freedom, identity and confidence.

Bill has his own practice called *“Abundant Life Counselling”* and is General Manager Careforce Lifekeys Counselling in Mt Evelyn. Bill has also taught counselling at a number of Tertiary Institutions.

TOPICS COVERED

Grief Understood

- What Grief is not
- Grief Defined
- Basic Phases of Grief
- The Grieving Path
- Exercise—Understanding Grief

Grief Resilience—Attachment

- Understanding Childhood Attachment Issues
- Attachment Types
- Detachment resulting from attachment types

Grief and Separation

- Separation Pervasiveness
- Separation Types
- Separation Process
- Separation Styles—Men & Women

Grief Recovery Strategies

- Do's & don'ts in recovery
- Supporters Attitude
- Assisting the Process
- Moving On



APPLICATION

Grief to Gratitude Seminar - 2009

Name:

Address:

Postcode:

Phone (A/H):

(B/H):

(Mob):

(Email)

Payment Options

Please include payment of:

\$..... - Seminar only

Cash

Cheque

Credit Card

*Cheques are payable to CCAAV

Credit Card Payments:

Bankcard

Visa

Mastercard

Credit Card Number:

Expiry Date:

Total Amount: \$.....

Name on Card:

Signature:

