

## Do you hear me?

Marriage today is in trouble. Almost half of all marriages are failing. Many marriages that are staying together are not as mutually satisfying, nor are they the meaningful relationships that they could be.

As we go through the different phases of life we may still love each other but seem to be unable to get to that meaningful and satisfying connection we had.

Often what is lacking are the skills for deep and meaningful communication that leads to satisfying intimacy and companionship.

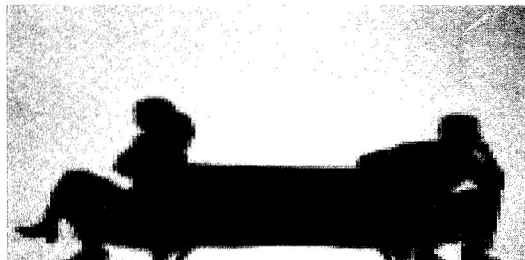
In this seminar, Bill shows in practical ways how to develop these communication skills so that a meaningful and mutually satisfying marriage relationship is built.

## Bill Van Schie

Bill has a Masters degree in Counselling and has been in pastoral ministry in local congregations for more than thirty one years. He has specialised in the area of marriage counselling and is the author of the pre-marital guidance book, "Preparing to Leave and Cleave".

Bill has also developed a Christ centered self-esteem program through which many have found their sense of worth, belonging and achievement as they have found a new freedom and identity in Christ.

Bill has his own practice called "Abundant Life Counselling" and is coordinating Careforce Lifekeys Counselling in Mt Evelyn. Bill has also taught counselling at Bible and Theological Colleges.



## SEMINAR OVERVIEW

### GETTING OUR EXPECTATIONS ON THE SAME PAGE!

- WHAT IS LOVE, REALLY?
- WHAT IS MARRIAGE?
- DO OPPOSITES ATTRACT?

### BUILDING AN UNDERSTANDING & MUTUALLY SATISFYING TEAM!

- WHO ARE YOU REALLY?
- WHAT ARE YOU WORTH??
- SELF ESTEEM TRAPS

### SHIFTING FROM A CO-DEPENDENT TO AN INTER-DEPENDENT MARRIAGE!

- CO-DEPENDENCY
- HEALTHY INTER-DEPENDENCY
- WORTH IN CHRIST

### PRACTICAL MARRIAGE COMMUNICATION TECHNIQUES!

- COMMUNICATION LEVELS
- COMMUNICATION PRINCIPLES
- CONFLICT RESOLUTION CYCLE
- BEING HEARD & UNDERSTOOD-TENDING TO FEELINGS

## APPLICATION

Do you hear me Seminar - 4th April 2009

Name:

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